

## What is Early Help



## A Parents Guide

Sometimes we could all do with a little help, to get back to a point where we can manage. If you feel you need some extra support, then Early Help can help to get things working again for you and your family. We believe Effective Early Help is essential to improve the life chances of Manchester's children, young people and their families

Please visit our online directory, Help and Support Manchester: manchester.gov.uk/helpandsupportmanchester

You can select the language you prefer to read our information from a list, located centrally at the top of the page. Then please click on the button, Early help for Parents and Young people and you will then be able to choose to see information and advice in the following areas:

Money matters, School/College, Work, Social Community, Health and Wellbeing. If you need help using the directory, you can use our search help page.

You can also gain further information about Early Help and the Early Help Assessment by asking at your child's school, your local Sure Start Centre, GP's, or Health Visitor.