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| Do you have any of the followingproblems / concerns?HousingBudgeting Money/DebtFeel that you and your family could do with some extra support with your child’s development such as speech and language, behaviour management etcThe EHA is a family friendly request for support bringing services together to look at what each service can provide to get the best outcomes for you and your family.If you have any questions we will try to help. Please call in or telephone one of the outreach team.Tel No.0161 219 6064Nikki AshtonBecca PeelNicky Bailey-Gaughran**Harpurhey timetable**

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| **Time** | **Monday** |
| PM – times tbc9.30am-12pm | **Health Visitor clinic** \*\*coming soon\*\* please ring 0161 219 6064 for information**Bumps Babies and beyond**Drop-in session. Focusing on becoming a Parent and bonding |
| **Time** | **Tuesday** |
| 9.30am -3.30pm | **Antenatal clinic – appointment** **only**. NMGH Midwifes – 0161 720 2133 to book |
| **Time** | **Wednesday** |
| 9.30am – 12.30pm10am – 12noon | Antenatal clinic – appointment only. NMGH Midwifes – 0161 720 2133 to book**Breastfeeding and Weaning Support Drop -In** \*\*coming soon\*\* please ring 0161 219 6064 for information |
| Time | **Thursday** |
| 9.30am – 10.30am – 10am – 2pmPM – times tbc | **Soft Play Session** - TTO **\*\*booking required\*\*** please ring 0161 219 6064 on Wednesdays to book your place. **Antenatal clinic – appointment** **only**. NMGH Midwifes – 0161 720 2133 to book**Health Visitor clinic** \*\*coming soon\*\* please ring 0161 219 6064 for information |

  | Are you a Mum/Dad/Grandparent or carer with Children under 5? Then why not get involved and giveYour views about the centre’s services through theParents Forum/Advisory/Partnership/BoardThis meeting is where parents meet with outreach workers to discuss the activities and services at the centres what they would like to see and how they may be able to help.The information is then shared with the Advisory/Partnership BoardParents and carers are welcomed at these meetings to meet the partner agencies who deliver services in the centres.This is an opportunity for parents tolisten and / or contribute to thediscussions.Please contact Outreach Team for Dates.

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| **Time** | **Thursday** |
| 12.30pm- 3pm | **North Manchester Community Partnership**Benefits Money HousingEmployment Advice**Fortnightly - Appointment only**Ring Outreach 0161 219 6064 |
| **Time** | **Friday** |
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| **Sensory Room**  |
| To support learning using all the senses.To support Social and Emotional development.For relaxation, fun and enjoymentIn a safe and secure environment.**Morning & Afternoon session available****Monday to Friday**To book ring Reception on 0161 219 6064 |

Let us know if you are interested in any of the additional activities or training by contacting an outreach worker or a member of the reception team.If you have any questions we will try to help. 0161 219 6064 | **Harpurhey**

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| Harpurhey Sure start Children’s CentreNorth City Family and Fitness CentreUpper Conran StreetHarpurhey M9 4DATelephone 0161 219 6064 |

Welcome to Harpurhey Sure Start Children’s Centres. Outreach workers work in the centres and in the community to help parents/carers with childrenunder five to know about and access the services available.If you have not been to the centre before call to speak to an outreach worker at Woodville, where you will be given information that may be useful to you.

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| **Wellcomm Language Screens** |
| Babies develop their communication skills from themoment they’re born and if you want to find how your child is doing or you have any concerns or worries, we can offer the WellComm Screen to children from 6months – 5yrs.Ring Outreach on 0161 219 6064 |
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| **Courses on offer** |
| Is English your second language?Courses available in your neighbourhood are**ESOL Steppingstone** - for Mums new to English bring your baby along.**Talk English** - will help Parents and Carers improve their speaking, listening**MAES Family Language** –will help Parents and Carers improve their reading and writing skills**CAPS Incredible Years Courses** – Talk about what it means to be a Parent and discuss ways of improving your relationship with your child.For more information ring Outreach on0161 219 6064 |

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