Early Help Assessment (EHA)



Do you have any of the following problems / concerns?
Housing
Budgeting Money/Debt
Feel that you and your family could do with some extra support with your child's development such as speech and language, behaviour management etc.

The EHA is a family friendly request for support bringing services together to look at what each service can provide to get the best outcomes for you and your family.

If you have any questions we will try to help. Please call in or telephone one of the outreach team.

Tel No.

0161 227 3636



Welcome to Hr Blackley and Charlestown Sure Start Children's Centres.

Outreach workers work in the centres and in the community to help parents/carers with children under five to know about and access the services available.

If you have not been to the centre before call to speak to an outreach worker at the centre, where you will be given information that may be useful to you.

Are you a Mum/Dad/Grandparent or carer with Children under 5?

Then why not get involved and give
Your views about the centre's services through the
Parents Forum/Advisory/Partnership/Board

This meeting is where parents meet with outreach workers to discuss the activities and services at the centres what they would like to see and how they may be able to help.

The information is then shared with the Advisory/Partnership Board
Parents and carers are welcomed at these meetings to meet the partner agencies who deliver services in the centres.

This is an opportunity for parents to listen and / or contribute to the discussions.

Please contact Outreach Team for Dates.



Hr Blackley & Charlestown

Sure Start Children's Centres

Hr Blackley SURE START CHILDRENS CENTRE 160 Victoria Avenue Higher Blackley M9 0RN Tel 0161 227 3636

> Charlestown SSCC 21 Colmore Drive Charlestown M9 7GB 0161 795 7670 Open: 8.30am-4pm



Hr Blackley timetable

| Time | Monday |
|----------------------------------|--|
| 9am – 3pm | Antenatal appointments only. Please ring NMGH Midwifes – 0161 720 2133 to book |
| Time | Tuesday |
| AM - Start date and times TBC | Health Visitor clinic **coming soon** please ring 0161 227 3636 for information |
| Time | Wednesday |
| | |
| Time | Thursday |
| Time | Friday |
| Time | Friday |
| 1pm – 2pm | Stay and Play (0-5) family session — Term Time only. ***Booking required ***please ring 0161 227 3636 on Thursdays to book |

Charlestown timetable

2022

| 2022 | |
|-------------|--|
| Time | Monday |
| 1pm – 3pm | Breastfeeding and Weaning Support Drop-in **Coming soon* please ring 0161 795 7670 for information |
| Time | Tuesday |
| 9am- 3pm | Antenatal appointments only. Please ring NMGH Midwifes – 0161 720 2133 to book |
| Time | Wednesday |
| 9am – 3pm | Antenatal appointments only. Please ring NMGH Midwifes – 0161 720 2133 to book |
| Time | Thursday |
| | |
| Time | Friday |
| 10am – 11am | Mucky Monkeys (0-5 yrs.) Messy stay and Play -Term time only ***Booking required ***please ring 0161 795 7670 on Thursdays to book |

Sensory Rooms at Woodville and Harpurhey SSCC

To support learning using all the senses.

To support Social and Emotional development.

For relaxation, fun and enjoyment
In a safe and secure environment.

Morning & Afternoon session available Monday to Friday

To book ring Reception on 0161 227 3636

Wellcomm Language Screens

Babies develop their communication skills from the moment they're born and if you want to find how your child is doing or you have any concerns or worries, we can offer the WellComm Screen to children from 6months – 5yrs.

Ring Outreach on 0161 227 3636

Courses on offer

Is English your second language?
Courses available in your neighbourhood are
ESOL Steppingstone - for Mums new to English
bring your baby along.

Talk English - will help Parents and Carers improve their speaking, listening

MAES Family Language —will help Parents and Carers improve their reading and writing skills

CAPS Incredible Years Courses – Talk about what it means to be a Parent and discuss ways of improving your relationship with your child.

For more information ring Outreach on 0161 227 3636